2021 Board Of Discipleship Plan Of Action

JANUARY	Ministry	Topic	References and	Sources
Week Day 53 1-2	Worship and Evangelism	The Significance of the Name 'Emmanuel' -God's presence was confined to the temple in Old Testament -God's presence in Christ Jesus in the New Testament • God Is With Us In Our Plans For The Year • The Necessity Of Thanksgiving Prayers -For the nation -For the church -For the family -For anything else	Activities John1:14 Exodus 25:8 Discuss the sign of Emanuel in Isaiah 7 with the help of your Pastor	ZEA Adult Church School; A Guide To Candidates For Baptism & Confirmation;
1. 3-9 EPIPHANY 06 January	Worship and Evangelism	Epiphany - Self-Disclosure of God - The Incarnation - Why did Jesus come in bodily form? Fasting The Biblical Way - Fasting Time Is Giving Time - Breaking Yokes - Signs of humility	- Responsive Reading (Old Hymn Book page 369) - John 1, Psa72:1-2, Isa60:1-6, Mt2:1- 12, Mt6:16-18, Isa58:3-14, Psa69:10, 1Cor7:5, Ezra8:21-23	Sources ZEA Adult Church School; A Guide To Candidates For Baptism & Confirmation; The Christian Year
2. 10-16	Stewardship and Health	 Stewardship Of Health COVID 19 Origins of corona virus Theories about corona The Truth About Corona virus Prevention and The stigma associated with Corona What Is Health? Holy Spirit Is The Owner Ways To Maintain A Healthy Body Eat Balanced Diet Exercise Rest Cast away negative emotions and attitudes 	• Discussion What can the church do to help those affected by Corona Virus? Jeremiah 30:17 1 Cor 6:19-20 3John 1:2 1Tim 4:8 Prov 17:22 Under 12 Teachers may refer to Church School Lessons Teachers' Guide for activities	The Book Of Discipline 2016 Par 162 Social Principles of The UMC 2016-2020

3.	17-23	Stewardship	 The Tithing Principle What Is Tithing? Tithes Before The Giving Of The Law Tithes In The Mosaic Law Tithes In The New Testament 	Genesis 14:18 Discuss Jacob's vow in Genesis 28:20-22 Luke 11:42	Adult Church Schools Lessons Teachers' Guide
4. 2	24-30	Leadership Development	Leadership -What is it? -Importance of Leadership -Characteristics of A Good Leader (e.g 1 Pet 1:5ff) -How can a leader deal with ingratitude • What Is Servant Leadership -Jesus As The Perfect Example -Importance of serving	Tim4:6 Discuss why people avoid leadership responsibilities. Luk14:27 Discuss the link between leadership and stewardship 1Cor 4:1 Mark 10:42-45 Reflection Why is it important for children to obey their parents/guardians?	Adult Church School Lessons 2016 Under 12 Church School Lessons 2016
Febru	•	Ministry	Topic	References and Activities	Sources
	Day 31-06	Church and Society	The Role Of Church In Society • Helping The Needy Discuss the statement below "Do you not know that God entrusted you with that money (all above what buys necessities for your family), to feed the hungry, to clothe the naked, to help the stranger, the widow, the fatherless, and indeed as far as it will go, to relieve the wants of mankind. How can you, how dare you, defraud your LORD, by applying it to any other purpose." (John Wesley)	Is helping all about money? Lev 19:10 Matthew 5:16 Luke 3:10-11 Matthew 5:42 What are your plans	Sources ZEA Adult Church School; A Guide To Candidates For Baptism & Confirmation;
0. (07-13	Stewardship	 Christian Stewardship Three Entities In Stewardship God- The Owner People- The Stewards Need To Be accountable, efficient, effective, faithful Time and Resources Characteristics Of Bad Stewards -Laziness -blame shifting Disobedient -Irresponsible etc 	Creator Gen 2:15 Man's assignment Gen 39:1-4 Joseph A Steward Romans 14:5, 1 Pet 4:5	Lessons On Stewardship Under 12 Church School Lessons (Teacher's Guide)

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7. 14	-20		Prayer And Fasting	Take time to reflect on	
		₩	• Why Do We Pray?	the Lord's prayer in	A Guide To
		Sıc	When To Pray	Matthew 6	candidates For
LENT	Γ	Worship and Evangelism	Where To Pray		Baptism And
17 Feb	to	<u>a</u>	-Prayer Mountains in UMC		Confirmation
1 Apri	il	nd	-Chin'ando		
1		Þ	-Church		
		ar	• Fasting		
		1ge	-Esther		
		lis	-Daniel		
		8			
0 21	27		-Jesus Christ	D 100	A C :1 T
8. 21	-27		The Apostles' Creed	Romans 10:9	A Guide To
			• What is A Creed	John 3:16	candidates For
		Ed C	-The History Of The Apostolic Creed	Job6:14, 8:5, 11:7,	Baptism And
		uc	 Purpose 	15:25	Confirmation
		Christian Education	-A form of worship	Luke 1	
		n On	-Counter heresies	Acts 2:42	Introducing Theology
			-A Guide for scripture interpretation	1Cor 15	To Laity (Prof
			 Meaning And Significance 		Kurewa)
Marc	ch M	Iinistry	Topic	References and	Sources
Week I		•	•	Activities	
9. 28	5-06		Parenting	Discussion	
			Homework	Prov 22:16	
			-How can a parent help?		Adult Church
		Education	 Susanna Wesley's Ways Of Raising 		School Lesson (2016)
		บต	Children		2 ()
		ati	Bullying In Schools		
		on	-What is bullying?		
			• •		
			-How can a parent help mitigate the		
10 07	1.12		challenges	0 11004 5	
10. 07	'-13		UMC Criteria Of Theology	• Gen 1:1-3:24 Psa	T . 1
			• What is theology?	24:1-2 John 1:3	Introducing Theology
			Relationship of Faith and Theology	Col 1:16	to Laity by JWZ
		Ω	 Formative Factors Of Theology 		Kurewa
			Scripture	• For a discussion on	
		tia	Tradition	faith and theology-	A Guide To
		hristian Education	Experience	Mark 11:12	Candidates For
		Ed	Reason		Baptism and
		:3 H		• Discuss how the	Confirmation
		atio		formative factors	
		on		help us as	
				Methodists	
				determine religious	
				truth.	
1	20	RRW	nnu	WEEK	
11. 14	-20	1/1/ //	K K VI	/ VV F ₂ F ₂ F	

12. 21-27	Christian Education	Temptation Part 1 Who is the tempter? (The Serpent, Satan, The devil, Lucifer) Strategies Used By Satan Gen 3:1 Doubting God's command Gen 3:5 Questioning God's authority Gen 3:17 Disobedience Matt 4:5,6 Fame	Discuss some of the most common ways that Satan is using in today's world?	Church School Curriculum 2015
April Week Day	Ministry	Topic	References and Activities	Sources
13. 28-03 HOLY WEEK	Christian Education	 The Story Of Salvation What Is Sin? The Effect Of Sin Blood Sacrifices In The O.T What did God do to save humanity? What did Jesus do to save humanity 	1 John 3:4, Rom 13:10, Jam 4:17 Gen 3:23 John 3:16	The United Methodist Catechism
14. 04-10	Stewardship	GIVING UMC Basic Forms Of Giving Tithes, Offerings, Harvest, Rupawo, Pledges and Donations Importance of Tithes, offerings, harvest to the church Subscriptions (Rupawo) to the organisation	- Discussion - Mal3:8, Exo25 & 35, 1Chr29:1-9,	Sources Lessons on Stewardship; ZEA Adult Church School;
15. 11-17	Stewardship	Tithing - What Is a Tithe? - How do we rob God - Warnings against forgetting in Deuteromy. - Biblical Examples of tithers • Other Forms of Giving - First fruits - Harvest - Freewill Offerings	 Presentation/discussion Hosea 8:7, Mal 3:8-11, Prov 15:3, Duet 27:26, Duet 28. Gen13:6, 28:20-22, Num 18:25-29, Neh 13:7-12, Mt 23:23 	Sources Lessons on Stewardship; A Guide To Candidates For Baptism and Confirmation

16. 18-24		Praying For Healing	Scripture References	
10. 10 2.		The General Cause Of Sickness	Genesis 3	
		-The Fall	Job 2:7, Luke 13:16	
		-Satan		
		-Lifestyle		
	l hr	God's Purpose In Healing		
	isti	-He is moved by compassion		
	Christian Education	-Fulfill Isaiah 53	Matt14:14, 20:34	
	E	-Part of the Great Commission	Matt 8:16,17	
	luc	-Reveals His nature	Mk16:17	
	ati ati	Important Things To Note	John 10:37	
	on	-It is God's will		
		Prepare your heart	Mk. 6:5	
		-Forgiveness		
		-Healing can be instantaneous or can be		
		gradual	Luke 17:15-18	
17. 25-01		History Of Methodism	Hebrews 12:1-2	Adult Church School
		-John Wesley As The Founder of		Lessons 2016
	_	Methodism	Reflection	
	Wo	-His family background	Teacher may start by	ZEA Adult Church
	Worship	-Susanna's way of raising children	asking the learners	School; A Guide To
	ц́р	- John Wesley's Formal Education	what they know about	Candidates For
			(1)John Wesley, and	Baptism &
			(2) about United	Confirmation;
	7.50 0 .		Methodist Church	
May	Ministry	Topic	References and	Sources and Seasons
Week Day			Activities	
18. 02-08		UMYF WE		
19. 09-15		Concept Of Responsibility	- Discussion	Sources ZEA Adult
	∞	- Caretaker responsibility vs ownership	- Display A Sketch	Church School; A
	Stewardship	- Man was created a steward	Basic Family	Guide To Candidates
	var	- We do not own anything	Budget	For Baptism &
	[Sp.	The Parable of Rich Fool	- Why this man is	Confirmation
	 	- Why do we save money?	called a fool?	
		- Order of priorities	- Lk 10:25-37;	
			1Tim6:10,	

20. 16-22	Communication	Technology & The Church - What is technology - Advantages and disadvantages - How can the church benefit - How does it help the mission of the church • Technology In The family - Effects - How To manage - How can it enhance relationships • Technical People In The Bible - Cain, Tubal-Cain, Noah, Abraham and Isaac (Civil Engineers), Bazalel, Huram, King Solomon etc	- Discussion - Gen 4:17-22, Gen 11, Gen 6:1ff, Gen 21 & 26, 1 Kings 6&7.	
Pentecost Sunday 23 May JUNE Ministr	Christian Education	 The Holy Spirit Third Person of the Trinity Holy Spirit In The Bible Old Testament New Testament Pentecost Events on the day Birth of the Church Baptism and Infilling Topic 	- Presentation - Num 27:18, Judg 3:18, 1Sam 10:10, 1Sam 16:14, Exo 3:1-3, Mt3:11 Acts 2:1-4, Acts 5, Acts 8:29, Rom 15:30, Rom 8:27, 1Cor 12:13 References and	Sources ZEA Adult Church School; A Guide To candidates For Baptism and Confirmation Sources
Week Day		•	Activities	
22. 30-05	M.W.W.C.Y	 Child Marriages Factors Fuelling Child Marriages Extreme Poverty Traditional Practices, Religious Beliefs, Gaps In Legislation etc What Are Its Effects? Maternal Mortality, Infant Mortality, Domestic Violence, Illiteracy etc 	Matthew 19:13-15 Reflection Discuss the role of the church in ending Child Marriages	Zimbabwe Constitution United Methodist Church Social Principles
23. 06-12	Stewardship	Harvest Thanksgiving - Biblical basis - Meaning - Why God said "Remember"?	- Bible Study and Testimonies - Gen 4:1-4, Exo 35:5,21, Deut 16:16, Mal 1:7,8, 2Cor 8:16,	Sources: Lessons on Stewardship
24. 13-19 MUM	IC	MUM	C WEEK	

25. 20-26 July M	Equitable and Pensions	 Retirement How do I take charge of my future? Basic Retirement Principles Causes of Late Retirement Challenges and Opportunities of Retirement Topic	- Presentation and Discussion - Eccl11:4, 2Kings4:1ff	Sources
Week Day	inistry	Topic	Activities	Sources
26. 27-03	Stewardship	 Harvest Consciousness The Role of Section leaders & Local Preachers History of harvest In UMC and at Local Church 	 Presentation Discuss previous experiences in sections and at local church 	Sources Lessons on Stewardship
27. 04-10	Christian Education	THE SPIRIT OF 1918 -The Need For The Holy Spirit Contemporary Challenges 1910-1917 -The Revival Fruits of the revival Implications	Presentation Homework on the role of the Spirit in giving.	Humble Beginnnings Rev Dr E K Nhiwatiwa
28. 11-17	Christian Education	 Holy Spirit Work of The Spirit Gifts of The Spirit: Wisdom, Administration, Eternal Life, Knowledge, Faith, Healing, Miracles, Prophecy, Discerning, Tongues, Interpretation of Tongues, Ministry Gifts: Apostles, Prophets, Evangelists, Pastors & Teachers 	- Discussion - Galatians 5:22ff, 1 Cor 12, 1Pet 4:10, Eph 4:11	Sources ZEA Church School; A Guide To Candidates For Baptism & Confirmation
29. 18-24	Stewardship	Harvest Thanksgiving Biblical Basis -Harvest was celebrated around Passover, Pentecost and Tabernacles -These were agricultural festivals Each man was to appear before the Lord with something (Deut 16:16-17) -Explore the meaning of the feast of Passover, Pentecost and Tabernacles.	Lev 23:9-16 2Cor9:7-8 Discuss the difference between first fruits and tithes. Support your answers with relevant scriptural examples.	Lessons On Stewardship by Rev Sign
30. 25-31 Harvest Sunday 25 July	Stewardship	Freewill Offerings and Sacrifices - Peace Offerings i. Wave Offering ii. Thanksgiving iii. Votive - Nature - Purpose	- Presentation - Lev 7:12-17, 30-31,	Sources Lessons on Stewardship; A Guide To Candidates For Baptism and Confirmation
August M Week Day	Iinistry	Topic	References and Activities	Sources

September Week Day	Ministry	Topic	References and Activities	Sources
34. 22-28	Christian Education	The Image Of God Man possesses -Natural Image (i.e he/she is a human offspring with liberty, perfect freedom; sole Lord and judge over own actions) -Moral Image (love, righteous, holy- full of justice, truth and mercy) -Political Image (power to rule, dominate and govern creation)	Gen 1:27 Depending with the size of your congregation, time and space, you may let the congregants discuss in small groups what they think about "the image of God" in about 15 minutes. Convene a plenary session thereafter.	John Wesley's Sermons (An Anthology) by Albert Outler. Adult Church School Lessons 2016
33. 15-21	Evangelism	Revivals and Conventions -What does it mean to revive? -The Biblical Feasts (Lev 23:4) They show us three things (byRalph Mahoney): 1. How God dealt with His people in the past 2. What He wanted them to do in the present and 3. How He would work with them in the future. Israelites honored their relationship with Yahweh by attending at least three of the seven annual feasts. - Reflect on these three important aspects of the feasts in relation to today's church conventions.	Discuss with the congregation about the history of conventions in United Methodist Church?	
32. 8-14	Health Superintendence	 Which drugs are being abused? Drug Abuse Medicinal and Recreational use of drugs Reasons For Drug Abuse Pastoral Ministry Who is a Pastor How does one become a Pastor? Calling Role of SPPRC in Ministry Role of a Local Preacher Pastoral Ministry Origins of Itinerancy The Ministry of An Elder Consultation and Appointment Making 	Hosea 4:11, Prov 31:4, Tit 2:12, - Presentation - Discussion	we-believe, Guide To Candidates For Baptism & Confirmation Sources: Why We Preach, How We Preach, Inventory of Local Preacher,
31. 01-07		Substance Abuse - What is a drug	- 1Cor 6:19, Prov 20:1, Gal 5:19-21,	Sources www.umc.org/what-

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35.	29-04	Stewardship/ Christian Education	 Temperance It is a fruit of the Spirit Meaning (mastering over your own desires and appetites etc.) It is an internal restraint rather than an external. Examples of soldiers and athletes fit well. An athlete goes through rigorous training under a coach in order to win a crown. Opposite of temperance (being out of control, excessiveness, violent, losing temper Consider how Joseph and Daniel exercised temperance. 	Presentation - Galatians 5:22,23 - 1Pet1:17, Mt25:14- 29, 1Cor3:16-17, Acts4:32 - Ecles3:1ff, Psa90:12, Eph5:16, Prov6:6-8	Sources ZEA Adult Church School; A Guide To Candidates For Baptism & Confirmation
36.	05-11	Stewardship	Principles Of Stewardship - Conversion, Commitment,	- Testimonies on Conversion and Commitment - Gen 4:1- 10;Mt12:36;Rom14: 12; 1 Peter 4:5 2Tim2:22 Deut31:6, Isa41:10, Mt10:28, Rom8:15, 1Jn4:18	Sources ZEA Adult Church School; A Guide To Candidates For Baptism & Confirmation
37.	12-18	Evangelism	Spiritual Warfare 1 Satan is a personality (interacted with Eve in the garden and with Jesus in the wilderness -Called a liar, murder (John 8:44) -He moves and roar (1Pet 5:8) Satan's Work -Perverts the Scriptures (Mat 4:6, Ps 91:11-12) - Opposes God's work and workers (Zech 3:1, 1Th2:18) -Afflicts the righteous with disease (Job 1:12-19) and with demons (Mk 5:15, 6:13)	Eph 6:11, Dan 10:10- 14, Gen 3:1-7, Matt 4:1-11, Matt 17:15-18	

38.	19-25		Spiritual Warfare 2	1 John 4:1	
	17 20		Why do we need spiritual armor?	Do a Bible Study of	
		.	2. What is it we fight against?	Ephesians 6:10-20.	
		\va	3. Should we be afraid of this battle?		
		Evangelism	4. How does God help us in the battle	Take time to study each	
		elis	against evil? 5. Why is it important that we	piece of armor as	
		m	put on our spiritual armor every day? 6.	presented in Paul's	
			How can we use each piece of spiritual	imagery.	
			armor at home? At school? At church?		
(October	Ministry	Topic	References and	Sources
I	k Day	v	•	Activities	
39.	26-02		Courage In Leadership	Joshua 1:9, 2 Tim 2:22	
			-Define Courage		
		Leadership Development	-Dangers of Fear In Leadership	Reflection	
		Leadership Jevelopmen	-Discuss the following biblical leaders	Why is courage	
		lers	Barnabas (Acts 4:36)	important in	
		shi me	Elijah (1Kings 18:27)	leadership?	
		p nt	Paul	Discuss in groups the	
			Nehemiah	best way to build	
				courage in leadership.	
40.	03-09		Stress Management:	Matt. 11:28, 26:36-46	Under 12 Church
			In Children		School Lessons 2016
			-Meaning Of the word 'stress'	Ask learners to share	
			- Causes Of Stress in children (ill-	events that troubled	Adult Church School
			treatment by other people, lack of	them.	Lessons 2016
		C	something one desperately desires, failing		
		Christian Education	to achieve intended targets etc)		
		isti	-Symptoms of Stress (anger, rejection,		
		an	depression, ill-health		
		Ed	In Adults		
		luc	-Causes of stress (unplanned pregnancies,		
		ati	illness, family disintegration, losing a job,	D 6 4	
		on	death of a beloved e.t.c.)	Reflection	
			-Symptoms (loss of appetite, withdrawal,	What were the	
			disorganized thinking, speech, violent	circumstances that led	
			outbursts etc)	Jesus into Gethsemane? Why did He take with	
				Him Peter, John and	
				James?	
41.	10-16	Layleaders	LAITY WEEK	James!	
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42. 17-23		Breast Cancer 1	Seek for a health	
		-Causes of Breast Cancer	practitioner to do the	
		-Early Detection	presentation.	
		-Genetics		
	He	-Male Breast Cancer		
	Health	Breast Cancer 2	OR	
	h	-Types	Look for survivors of	
		-Stages	breast cancer to share	
		-Treatment	their testimonies	
		-Myths	then testimomes	
43. 24-30		Church Governance	Read aloud 1	Adult Church Lessons
43. 24-30				2016
		-Explain the terms	Thessalonians 5:12-13	2016
		clergy,		
		laity,	Reflective Questions	
		district superintendent,	Why is important to	
		And bishop.	honor and respect	
	l É		church leadership and	
	rist		structures?	
	Christian Education			
	n H	Methodism		Book of Discipline
	dı	History of Methodist Societies		2012, Par103
	103	Holy Living: Three Part Formula		- Mat5:1-16,
	tic	of The General Rules		Gal5:22-23
	j	1. Doing No Harm		Guis.22 23
		2. Doing good		Sources
				A Guide To
		3. Attending the ordinances of God		
				Candidates For
				Baptism and
				Confirmation
November	Ministry	Topic	References and	Sources and Seasons
November Week Day	Ministry	Topic	References and Activities	
Week Day	Ministry	-	Activities	
	Ministry	Managing Stress	Activities Phil 4:6b, 1 Pet 5:7,	
Week Day	Ministry	Managing Stress -Start by narrating the story of the widow	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings	
Week Day	Ministry	Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7.	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10	
Week Day	Ministry	Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband)	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha Methods To manage Stress	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha Methods To manage Stress -Identify the stressors	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha Methods To manage Stress -Identify the stressors -Recognize what you can change	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha Methods To manage Stress -Identify the stressors	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
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Week Day	Ministry Christian Education	Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha Methods To manage Stress -Identify the stressors -Recognize what you can change -Reduce the intensity of your emotional reactions	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha Methods To manage Stress -Identify the stressors -Recognize what you can change -Reduce the intensity of your emotional	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha Methods To manage Stress -Identify the stressors -Recognize what you can change -Reduce the intensity of your emotional reactions -Moderate your physical reactions	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha Methods To manage Stress -Identify the stressors -Recognize what you can change -Reduce the intensity of your emotional reactions -Moderate your physical reactions What does the Bible say	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha Methods To manage Stress -Identify the stressors -Recognize what you can change -Reduce the intensity of your emotional reactions -Moderate your physical reactions What does the Bible say -John 17:16	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	
Week Day		Managing Stress -Start by narrating the story of the widow that was helped by Elisha in 2 Kings 4:1-7The widow's stressors (debt, child slavery, poverty, and death of the husband) -Solution (She approached Elisha Methods To manage Stress -Identify the stressors -Recognize what you can change -Reduce the intensity of your emotional reactions -Moderate your physical reactions What does the Bible say	Activities Phil 4:6b, 1 Pet 5:7, Matt. 6:31-32, 1 Kings 19:1-10 Reflection What do we learn from	

45 07 12	1	Domostia Violence	Disquasis	
45. 07-13	Church And Society and M.W.W.C.Y	Domestic Violence - What Is Domestic Violence - Physical and Non-Physical - Causes - Effect • What is a Family - The First Family - God's Plan For Families	- Discussion - Gen 1&2, Eph 5:21- 24, 1Cor 7:4, 1Pet 3:1-7, Ps 127:3, Eph 6:1-4, Jn 13:34,	
46. 14-20	Stewardship and Finance	Proper Attitude Towards Money Money Biblical Perspective General uses of money Faith Is money evil Concept of Seeding Budgeting Debt Saving	 Discussion Presentation Mt 6:21, Mal 3:10, Eccl 5:10, Rom 13:8, Ps 37:16-17, Luke 3:14 	Sources Lessons on Stewardship;
47. 21-27	Worship	 Christian Calendar Advent What is Christmas Date of birth of Jesus Christ Father Christmas Epiphany Lent Easter Suffering, death, resurrection and ascension of Christ Pentecost Season {Kingdomtide} Feast of Tabernacles etc 	PresentationDiscussion	The Christian Year by DrMachinga
December Week Day	Ministry	Topic	References and Activities	Sources
48. 28-04 ADVENT 28 Nov	Christian Education	The Bible - Canonization - Apocrypha • The Authority of Scripture - Inspiration • The Sufficiency of Scriptures - For Salvation - Old Testament - New Testament	- Presentation - Jer 36, 2 Tim 3:16, 1Cor. 2:10-14, 2Pet 1:19-21, John14:26	Sources Book of Discipline; www.umc.org
49. 05-11	Worship	Advent - Meaning of Advent (coming or arrival) - John The Baptist's personification of Advent - The Messiahship of Jesus - Peace and Conflict in the world	This is the season that begins the Christian year. Matt 3:3	

50.	12-18	Worship	Music As An Act Of Worship -Music In The Bible (After crossing the Red Sea, Gen15; Part of Israel's worship, 1Chron 6:31-32 & 16:42) -Music Is Part Of The Order Of Creation (Job 38:7) -Music expresses basic Christian doctrines, faith and beliefs. -Music encourages growth in discipleship -Instruments vs Vocal Expressions- How	Reflection What is the importance of choral music and festivals in the life of the church?	
51.	19-25	Worship	 best can the church strike a balance? Christmas Theology of Christmas The humanity of Jesus Christ How to celebrate Christmas Christmas songs and carols Christmas Gifts 	PresentationSermonSinging of Christmas CarolsPhil 2:5-11	
52.	26-02	Christian Education	 Prayer, Importance of Why God wants us to pray Principles of prayer Forms of prayer Mystery of Unanswered Prayer Unforgiveness, pride, stinginess, unconfessed sin etc. 	 Share testimonies on answered prayer Mt6:14, 15:9, 1Jn5:14, 1Pet3:6-7, Job35:12f, Phil4:16,19, Mat 17:20, Eph4:29, Prov21:13 	Sources - Old Time Religion - A Guide To Candidates For Baptism and Confirmation